

ECEC Library of Things Items

Adjustable Dumbbells

Balance and Strength DVD

Bathroom Scale

Chair Exercises DVD

Compact Weighted Blanket

Compression Gloves (S,M,L)

EMS Foot Massager

Foldable Walking Canes (2)

Grip Strengtheners

Healthy Light Kit

Heating Pad

I Spy Bingo Game

Light Therapy Lamp

Noise Canceling Headphones

Older Wiser Workout DVD

OMRON Blood Pressure Monitor

Page Magnifier (2)

Pedal Exerciser

Pedometer

Portion Control Containers

Pulse Oximeter

Resistance Bands (3 packs of 3)

Rite Aid Blood Pressure Monitor

Stretching DVD

Tai Chi DVD

What Should I Do Now? Game

White Noise Machine

Wrist/Ankle Weights